



FOR IMMEDIATE RELEASE

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5th Annual Milford Moves 5K Run & Walk on Sunday, June 16, 2019

Milford, CT, April 19, 2019 – The Milford Bank is pleased to announce that the 5th Annual Milford Moves 5K Run and Walk will take place on Sunday, June 16th, 2019 at Lisman Landing in Milford, CT. 100% of proceeds raised from this event will be donated to Milford's Veterans groups. We are also pleased to announce that Colony Grill of Milford will again be our event co-sponsor, hosting the post-race gathering and providing free pizza for all participants and a beer for all participants aged 21 and over.

We are currently accepting registrations for runners. To register online, please visit <https://runsignup.com/Race/CT/Milford/MilfordMovesforVeterans5K>. Participants can also register in person at the Bank's 33 Broad Street location on the Milford Green on Saturday, June 15th and on Sunday, June 16th at 7:30 am at Lisman Landing. After checking in, there will be a Kid's Fun Run beginning at 8:30 am followed by the start of the 5k run/walk at 9:00 am. Awards for top male & female finisher, top male and female active Military member or Veteran and the top three male and female finishers in age categories will be handed out. We are also awarding the most patriotic participant and Colony Grill will award the top male and female finishers who are an active Military member or Veteran \$500 each to donate to the charity of their choice.

Sponsorship opportunities are also available. Last year, Milford Moves was able to raise \$20,000 for Veteran organizations in Milford. To become a sponsor for this event, please contact Peter Berube via e-mail at pberube@milfordbank.com. Sponsorship levels start as low as \$250 and 100% of the proceeds raised from this event will be donated to American Legion Post 196, the VFW Post 7788, the Disabled American Veterans Chapter 15 and the Vietnam Veterans of America Chapter 25. All of the organizations reside in Milford and the money raised was used to fund Veteran affairs and rehabilitation programs.

The Milford Bank is Member FDIC.

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