

DIY Borax Free Laundry Detergent

Ingredients

- 1 - 5 oz. bar castile soap
- 1 cup washing soda (or soda ash)
- ½ cup baking soda
- ½ cup citric acid
- ¼ cup coarse sea salt

Directions

1. Finely grate bar of soap into mixing bowl.
2. Add other ingredients thoroughly in a bowl.
3. Store in air tight container.
4. Keep in a cool, dry place.
5. To use, add 1-2 tablespoons to each load of laundry.

source: thankyourbody.com

Home-Made "Bleach"

Ingredients

- 1 ½ cup 3% hydrogen peroxide
- ½ cup lemon juice
- Distilled water (enough to fill remainder of gallon jug)
- 10-12 drops lemon essential oil
- Colored gallon jug (to block light) or wrap jug in brown paper

Directions

1. Mix all ingredients in a gallon jug.
2. Gently shake to combine.
3. Use one cup of homemade bleach in your laundry to whiten whites.

source: thankyourbody.com

Home-Made Natural Dish Soap

Ingredients

- 1 ¼ cups boiling water
- ¼ cup tightly packed castile bar soap, grated
- 1 tablespoon washing soda (or soda ash) or more, based on desired thickness
- ¼ cup liquid castile soap
- ½ teaspoon of vegetable glycerin (optional)
- 15-30 drops essential oil (i used 10 drops tea tree, 10 drops sweet orange and 10 drops lemon)
- Pump dispenser or reused dish soap bottle
- Funnel (optional)

Directions

1. Add grated castile soap to boiling water and stir until dissolved.
2. Add washing soda and stir.
3. Add liquid castile soap and stir.
4. Let mixture cool, then add essential oils.
5. Transfer the mixture into container.
6. Soap will thicken in the next 1-2 days as it sets.

source: naturesnutureblog.com
& mommypotamus.com

Home-Made Natural All Purpose Cleaner

Ingredients

- ¼ cup of white vinegar
- 2 tablespoons of baking soda
- 5-10 drops of tea tree oil
- Enough distilled water to fill bottle
- Spray bottle
- Funnel (optional)

Directions

1. Pour vinegar into a large mixing bowl.
2. Add baking soda, slowly and gently (or it will bubble over).
3. Add essential oil.
4. Stir all ingredients.
5. Funnel or pour into spray bottle.
6. Store with the nozzle closed to prevent leaks.

source: everydayroots.com